



HIGHGATE SCHOOL

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SUNSMART POLICY

Rationale:

Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school or undertaking school activities including excursions, camps, sporting events.

Aims:

To educate students as to suitable sun smart protection strategies.
To encourage children and teachers to protect themselves from the harmful effects of the sun.

Implementation:

- This policy is to be read as part of our Student Dress Code.
- Children will be required to wear Sun smart approved close-weave broad brimmed hats (at least 8 cm rigid brim) from September 1 to April 30 and whenever UV Index levels reach 3 and above whenever they are outside.
- Staff will act as role models by also wearing broad brimmed hats when outside.
- Children without broad brimmed hats will be restricted play in designated shaded areas.
- Children will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+). Sunscreen will be provided in each classroom, and on excursions. Sunscreen will be applied by students according to the manufacturer's directions, under the supervision of teachers.
- Governing Council encourages the use of close fitting UV protection wrap around AS1067 sunglasses by both students and staff.
- Whenever possible, outside activities on hot days should be scheduled before 11:00 am.
- Governing Council will provide adequate shade structures for students as practicable; particularly over high density play areas such as sand pits and play equipment.
- The school will ensure that school uniform broad brimmed hats are available for purchase from the uniform store.
- The school newsletter and school assemblies will be used to highlight and reinforce the sun smart policy.
- Sun smart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Our school will seek continued accreditation as a Sun smart school.

Evaluation:

This policy will be reviewed as part of the school's three-year review cycle.